



LAST WEEK AT AHM

NEWSLETTER

VOLUME 2

OT ACTIVITY OF THE WEEK: NUMBER & COLOR RECOGNITION OBSTACLE COURSE



Crawling through a tunnel helps to develop muscles in the head, neck, arms, back and legs, as well as helping to support the development of gross and fine motor skills. It is vital for cognitive development. It helps encourage crossing of the mid-line. Crawling also encourages the development of near and far vision. It is an opportunity to train their eyes to look into the distance at the target and look back down to their hands. Crawling aids in the development of balance and coordination and is the basis for higher level skills. Using numbered and colored bean bags adds a cognitive step in the course and throwing into the target facilitates eye hand coordination necessary for fine motor and ADL skills.

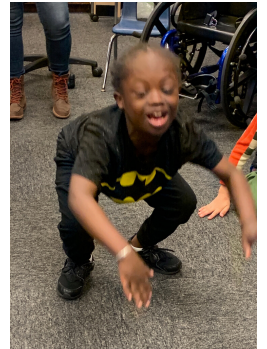
PT is FUN

These students are working on strengthening, balance, and spatial awareness while riding adaptive bikes.



Speech/PT

Marissa & Audrey's weekly collaborative group incorporates gross motor & language skills.



Fall Leaves Collecting

Students collecting different color leaves on a beautiful fall day. The class created a graph of their findings.



Fall Bingo

Our students enjoyed getting together to play Fall Bingo.

